

Investing in indigenous
women and girls

**Indigenous women's
leadership, innovation,
and healing**



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Preamble

A living legacy of indigenous women's leadership, innovation, and healing

For more than a decade, **Samburu Women Trust (SWT)** has stood as a powerful home of hope, courage, and transformation - advancing the rights, dignity, and leadership of Indigenous women and girls across northern Kenya and beyond. Rooted in the lived realities, ancestral knowledge, and dreams of Indigenous women, SWT has evolved into a vibrant movement shaping pathways of justice, equality, and environmental stewardship.

This booklet brings together powerful stories of impact - voices of women and girls reclaiming their place in society, leading community innovations, protecting traditional knowledge, and nurturing the Earth for future generations. Each story reflects a different face of resilience and creativity - yet all are bound by one truth: when Indigenous women lead, entire communities heal, thrive, and transform.

From the **Naramat Indigenous Women Arboretum**, a living sanctuary where culture, biodiversity, and healing converge, to **Umoja Women Village**, where women have turned survival into leadership and climate resilience - the spirit of Indigenous womanhood shines. In **Lolkuniyani**, traditional birth attendants and mothers have redefined safe motherhood through community-built solutions, and at **Nasaruni Indigenous Women Centre**, a new generation of women leaders is shaping a future rooted in healing, justice, and self-determination.

Through these initiatives, SWT champions Indigenous women as keepers of both life and land - bridging **traditional wisdom with modern innovation**, **cultural preservation with digital transformation**, and **healing with justice**. The establishment of the Indigenous Women Arboretum - a living repository of ancestral plants, stories, and ecological knowledge - symbolizes this fusion: protecting biodiversity while passing Indigenous wisdom to the next generation.

These stories remind us that progress does not mean abandoning tradition; it means **elevating it** - ensuring that Indigenous knowledge guides climate solutions, leadership, and governance. SWT's work affirms that Indigenous women are not beneficiaries of change; they are **architects of transformation**, custodians of the Earth, and teachers of humanity's oldest lessons - those of balance, care, and community.

As you turn each page of this booklet, you will encounter stories of healing, leadership, and rebirth. You will walk through spaces where the soil tells stories, where trees hold memories, and where women rise as protectors of both people and planet. Together, they form the living legacy of **Samburu Women Trust** - a legacy rooted in love, resilience, and the timeless wisdom of Indigenous women.

1. Who we are

Samburu Women Trust (SWT) is an Indigenous women-led organization working among Indigenous communities in Kenya and Africa, born from the vision of courageous Indigenous women leaders, healers, feminists, and human rights defenders, SWT stands as a movement for justice, equality, and transformation.

We are grounded in culture and identity advancing the rights, voices, and leadership of Indigenous women and girls, while nurturing resilience and self-determination across generations.



OUR MISSION

To advance the rights, leadership, and wellbeing of indigenous women and girls by strengthening governance systems, promoting economic empowerment, safeguarding culture, and building resilient communities.



OUR VISION

A just and inclusive society where indigenous women and girls lead in protecting culture, advancing equity, and shaping resilient communities.

Our core values



1. Women's leadership

We center indigenous women and girls as drivers of change.



2. Respect for culture

We honor and safeguard indigenous heritage and knowledge.



3. Equity & justice

We uphold dignity, rights, and fairness in all our work.



4. Community ownership

We believe sustainable solutions come from within.



5. Integrity & accountability

We act with transparency and responsibility.



6. Resilience & solidarity

We build strength through unity and collective action.

Our programs approach

At Samburu Women Trust, our programs are shaped by the voices and leadership of indigenous women and girls. We believe that lasting change happens when communities drive their own solutions. Our approach is therefore:



Community-led

We place indigenous women and girls at the center of decision-making, ensuring programs reflect their realities and aspirations.



Culturally rooted

We honor indigenous knowledge and traditions, strengthening governance systems that protect both people and heritage.



Holistic & inclusive

We integrate governance, economic empowerment, climate resilience, and movement building to create sustainable impact.



Rights-based

We champion justice, dignity, and equality, addressing harmful practices while safeguarding human rights.



Collaborative

We build alliances with communities, governments, and partners to amplify indigenous women's voices on local, national, and global platforms.

Girls' leadership and mentorship

Nurturing the next generation of indigenous women leaders

In the heart of Kipsing, Oldonyiro, Isiolo County - where the sound of cowbells mixes with the laughter of children running barefoot across the plains, a quiet yet powerful movement is unfolding. It is a movement of hope, courage, and transformation - led by girls who are daring to dream beyond the limits set by culture and circumstance.

For generations, many girls in pastoralist and indigenous communities have faced deeply rooted barriers - forced and early marriages, female genital mutilation (FGM), child beading, and silent gender-based violence that rob them of their childhood and silence their voices. Education, leadership, and self-expression often seemed like unreachable dreams. But through the work of **Samburu Women Trust (SWT)**, those dreams are beginning to take flight.

Lighting a path for change

Through the **Girls' Leadership and Mentorship Initiative**, SWT has reached hundreds of girls across six primary schools and three secondary schools in Samburu County. These mentorship sessions are not just meetings - they are lifelines of inspiration, healing, and empowerment. In classrooms, under acacia trees, and within village compounds, girls are learning about their rights, dignity, and leadership potential.

Supporting adolescent girls is critical among indigenous communities - it enables them to **challenge patriarchy, harmful cultural norms, and silent gender-based injustices** such as FGM, child beading, forced marriages, and even hidden forms of violence like forced abortion and denial of sexual and reproductive health rights.

When adolescent girls are mentored and supported, they gain the confidence to speak out, make informed choices, and break cycles of silence and submission that have lasted for generations.

SWT mentors - many of them indigenous women leaders and survivors who have walked similar paths - sit with the girls, listen to their stories, and remind them:

***"Your dreams are valid.
You are enough.
You can be a leader."***



Mentorship that builds confidence and hope

In every mentorship circle, there is a story of transformation.

A young girl who once feared speaking in class now confidently addresses her peers about ending FGM. Another, once on the verge of dropping out due to menstruation challenges, now attends school proudly thanks to **dignity kits** provided by SWT - simple packs that restore confidence and dignity.

These small acts have immense ripple effects. They help retain girls in school, build self-esteem, and encourage them to challenge environments that are often unsafe or unkind to girls.

SWT's approach goes beyond giving - it nurtures leadership. Girls learn to make informed choices about their education, their bodies, and their futures. They are guided to understand that leadership is not about power - it's about purpose, responsibility, and lifting others along the way.

Rising above barriers

Behind every success story lies a struggle. Many of the girls mentored by SWT come from families that still hold tightly to harmful traditions. Yet, through continued engagement with elders, mothers, and community leaders, SWT helps shift these mindsets - one conversation at a time.

A young girl from Marti Primary recalls: ***“Before SWT came, I thought I would be married after finishing class eight. Now I want to go to secondary school and become a nurse to help girls like me.”***

Her voice echoes the voices of hundreds of others - girls who now believe that they have the right to choose what is right for themselves.

Standing firm for dignity and rights

SWT remains steadfast in defending the rights, wellbeing, and dignity of girls. The Trust continues to create safe spaces for open dialogue, mentorship, and storytelling - breaking the silence around issues like FGM, early marriage, and sexual violence.

Through collaboration with schools, community mentors, and local leaders, SWT ensures that girls' leadership is not just taught but lived - that their voices are heard, their choices respected, and their dignity protected.

When a girl rises, the community rises

When a girl is mentored, she learns to rise.

When she rises, she leads.

And when she leads, she transforms her community.

Today, in Samburu and beyond, girls are finding their voices to speak, their wings to soar, and their confidence to lead. They are rewriting the narrative - one story, one smile, and one step at a time.

Through SWT's Girls' Leadership and Mentorship Initiative, we see not just change - we see **a generation of empowered young women** ready to build a just, inclusive, and dignified world for all.

2. The Naramat Indigenous Women Arboretum

A living sanctuary of nature, culture, and womanhood



A safe haven rooted in healing, knowledge, and sustainability

The **Naramat Indigenous Women Arboretum** is not just a forest of trees - it is a living sanctuary where **nature, culture, and womanhood thrive together**. Established by **Samburu Women Trust (SWT)**, Naramat stands as a safe space for Indigenous women - especially survivors of gender-based violence (GBV) - to find healing, sisterhood, and renewed purpose.

Here, women gather beneath the shade of trees to share stories, learn from elders, and heal through connection with the land. It is a place where **pain transforms into power**, and where **knowledge is passed from generation to generation**, nurturing a legacy of resilience and renewal.

Healing through nature and knowledge

At Naramat, **Indigenous wisdom and ecological restoration walk hand in hand**. Over **2,500 species of Indigenous plants** - many with medicinal and spiritual value - have been cultivated, protecting biodiversity and safeguarding traditional healing systems. These plants are not only nature's pharmacy; they are also the foundation of cultural identity and ancestral connection.

The arboretum is also home to **30 modern beehives**, managed by women beekeepers who harvested **100 litres of natural honey** and **50 kilograms of raw ceremonial honey** in the last season. The honey sustains livelihoods, supports local ceremonies, and connects women's economic empowerment to the natural ecosystem they protect.

A model of green innovation

Naramat stands as a shining model of Indigenous women's leadership in **renewable energy and climate resilience**.

15 solar panels light the arboretum and pump clean water from a **shallow well** to irrigate the **women's kitchen gardens**, ensuring food security and fresh produce for nearby families.

The solar system also powers the **Indigenous Women Digital Hub**, where SWT has equipped **10 modern computers** for women and youth to learn digital skills, document traditional knowledge, and report cases of **environmental risks and GBV**.

Through this blend of traditional wisdom and modern technology, Naramat embodies a new kind of progress - one that honors the Earth while empowering her daughters.

A centre for culture, learning, and justice

Within the arboretum stands a **community hall**, envisioned as a **social justice centre** for young people to discuss issues affecting their lives - from land rights and education to climate change and gender equality. It is also a space for cultural exchange, where elders teach Indigenous languages, songs, and practices, ensuring the continuity of ancestral wisdom.

Naramat houses

An **Indigenous Women's Museum**, preserving artefacts, tools, and oral histories.

A **Leadership and Research Centre**, where women innovate and lead conservation grounded in Indigenous knowledge.

Annual **Traditional Food and Cuisine Ceremonies**, celebrating Indigenous food systems and cultural pride.

The heartbeat of Naramat

Indigenous women in action

1. Indigenous plant conservation

The arboretum safeguards rare plants of medicinal, nutritional, and spiritual importance, ensuring the continuity of healing knowledge across generations.

2. Beekeeping and livelihoods

Modern beekeeping has strengthened women's economic independence while promoting biodiversity conservation.

3. Kitchen gardens for food security

The solar-powered irrigation system supports community kitchen gardens - providing vegetables, nutrition, and income while enhancing climate resilience.

4. Beadwork and cultural economy

Through the **Naramat Beadwork Initiative**, women artisans create traditional crafts, connect to ethical markets, and sustain their families through cultural entrepreneurship.

Naramat women voices

“After the drought wiped out our livestock, I lost all hope. Through Naramat, I learned beadwork, received materials, and gained access to markets. Now I can provide for my children and rebuild our lives.”

Astella Lenyarua

“Before, we had no vegetables or water for gardens. Naramat taught us kitchen gardening, giving us food security and dignity. Today, we grow our own greens and no longer walk long distances for food.”

Martha Lesasunyan

“The Arboretum represents life and hope. It restores our connection to medicinal plants, preserves our ecosystem, and empowers women economically. We must all protect it - for our children’s future.”

Ndentilal Lemeriwias



Naramat’s Legacy

Healing the Land, Healing the Women

The Naramat Indigenous Women Arboretum is a living testament to what happens when **Indigenous women lead with courage and wisdom**. It is a place of healing - for women, for culture, and for the Earth.

Here, the whispers of elders guide the laughter of youth. Here, the soil holds stories, the trees stand as teachers, and the bees hum songs of renewal.

And here, **Samburu women stand tall - as healers, protectors, and innovators - nurturing life in all its forms.**

3. Umoja Women Village



Where women rule, heal, and rebuild hope

In the heart of Lorubae, Archers Post - surrounded by the vast Samburu plains - stands a village unlike any other. **Umoja Women Village** is not just a place; it is a living story of resistance and renewal - where women rule, heal, and rebuild hope from the ashes of pain and the dust of drought.

Founded by the courageous Indigenous Samburu woman **Rebecca Lolosoli**, herself a survivor of gender-based violence, Umoja was born out of defiance - a refusal to be silenced by violence, poverty, and patriarchal injustice. It began as a safe space for women fleeing harm, but it has grown into something far greater: a living model of how women can lead their communities through the toughest storms - even those brought by climate change.

Every path in Umoja tells a story. You can hear laughter rising from the manyattas where women weave beads in bright colors - each strand a symbol of strength. You can see courage in the gardens, where hands that once trembled from fear now press seeds into the soil, coaxing green life from dry earth. **Umoja is where pain becomes purpose, and survival blossoms into leadership.**

Reimagining tradition, restoring dignity

Rooted in Samburu traditions yet reimagined for modern resilience, Umoja blends ancestral wisdom with innovation. Entirely led by women, it is a governance model of courage and collaboration - showing that leadership thrives when it is grounded in care.

Through the support of **Samburu Women Trust (SWT)** under the **Nkishon Project**, the women of Umoja have transformed once-barren land into a flourishing garden. Rows of spinach, kale, onions, bananas, and maize now thrive where only dust once lay. These gardens not only feed their families but nourish the broader Archers community - a living proof that women are not just caretakers of homes but **restorers of ecosystems**.

Umoja has become both a **shield** and a **seed**: protecting women from cycles of violence while planting hope for a greener, more climate-resilient future.



Women as climate healers

When droughts strike and rivers dry, the women of Umoja do not wait for rescue - they respond with wisdom. They have learned to harvest every drop of water, nurture every seedling, and adapt their crops to shifting weather patterns. Their secret is unity - they plant, plan, and prosper together.

Supported by SWT, they now use **drip irrigation systems** powered by a submersible pump that draws water safely from the Ewaso Nyiro River.

“The Nkishon Project has freed us from the risks of crocodile attacks at the river,” says Lucy Lesootia, one of Umoja’s leaders.

“Now we farm with peace in our hearts, and our children no longer go hungry - even when the rains fail.”

Umoja’s women have turned their garden into a classroom for climate resilience - teaching surrounding communities about **soil restoration, composting, and seed saving**. In doing so, they prove that women are not victims of climate change, but **leaders in adaptation**.



Building livelihoods, sustaining life

Beyond the garden, Umoja’s women are redefining survival through sustainable livelihoods. They have ventured into **dairy farming and poultry rearing**, creating income streams that ensure food security even during harsh dry seasons.

Each initiative reflects a powerful truth: **economic empowerment is climate resilience**.

When women control resources, they not only protect their families but also plan for the future - planting drought-tolerant crops, diversifying income, and reducing the pressures that often lead to gender-based violence in times of scarcity.

Through their collective effort, they’ve built a **self-sustaining ecosystem** - one that feeds bodies, heals the earth, and sustains dignity.

Dual power: ending GBV, healing the earth

The Umoja model answers two urgent calls of our time – **ending gender-based violence and responding to climate change.**

By equipping women with livelihood and leadership skills, Umoja reduces economic dependence – one of the root causes of GBV – while promoting sustainable farming that restores degraded land.

It is living proof of Indigenous women’s wisdom – that the power to heal society and the planet often begins in the same hands. Umoja’s women show that gender justice and climate justice are not separate fights, but one intertwined struggle for survival and freedom.

A beacon of change

What began as a refuge has grown into a movement. Umoja now inspires communities far beyond Archers Post. People come not only to buy vegetables but to learn – how to conserve soil, how to adapt to drought, and how to live in harmony with nature.

As **Rose Lekanta** shares,

“In our school visits, we listened to girls, we shared stories, and we taught them to say no to FGM. The young ones saw that women can stand tall and lead – that our power is not something to fear, but to celebrate.”

Umoja stands as a living testament to women’s leadership in a changing climate – a place where compassion meets innovation, and survival becomes strength.

In this village where women rule, every sunrise carries the promise of freedom, every garden breathes resilience, and every seed planted whispers the truth:

When women are safe and empowered, even the desert can bloom.



4. The indigenous women maternity at Lookuniyani

A testament of resilience, innovation, and indigenous women-led change



Deep in **Samburu East**, where the land stretches endlessly under the sun and health facilities are few and far between, the women of **Lookuniyani** refused to wait for help - they chose to create it. For generations, expectant mothers in this remote region risked their lives traveling long, perilous distances to reach Wamba for childbirth. Many gave birth along dusty roads or under trees, guided only by traditional birth attendants whose skills, though wise, lacked the tools and space for safe delivery. But these Indigenous women - strong, proud, and rooted in tradition - decided to change that narrative.

Together, they built their own maternity center. Crafted from bush sticks, plastered with dung, and roofed with tar paper, the **Indigenous Women Maternity at Lookuniyani** was more than a building - it was a declaration of women's courage and unity. It was humble but sacred, where every birth honored not only life but identity.

Within its walls, mothers felt safe. Their songs echoed through the night, their newborns' cries carried hope. In just one month, the small structure recorded **43 safe deliveries** - each one a story of triumph, of Indigenous women creating life and saving life, guided by their traditional birth attendants who bridge culture and care.

Reviving culture, redefining care

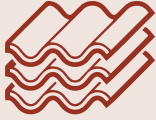
The maternity embraced traditional practices - women were attended to with the rituals, songs, and wisdom that define Samburu motherhood. The space gave women more than medical attention; it restored their **dignity** and **cultural identity**. Here, giving birth was not a clinical procedure - it was a continuation of heritage, guided by skilled birth attendants who understand both body and culture.

But as more women came seeking help, challenges emerged. Without electricity, the facility could only operate during daylight. Its earthen walls began to crumble, and the fragile roof could not withstand heavy rains. Even then, the women's resolve did not break. They knew their vision was greater than their circumstances.

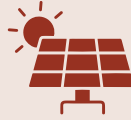
The turning point: partnership for safe motherhood

Recognizing the power of Indigenous women's leadership, **Samburu Women Trust (SWT)**, through the **Nkishon Project**, stepped in - not to replace their dream, but to strengthen it. Together, they transformed the Lookkuniyani Maternity into a safe, sustainable, and climate-resilient facility.

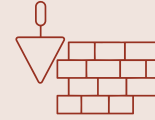
The upgrades included:



Replacing the fragile tar paper with **iron sheet roofing** for durability.



Installing **solar power**, allowing services to continue through the night.



Rebuilding with **cemented walls**, ensuring safety and hygiene for mothers and newborns.

What began as a modest, community-built shelter has become a **modern Indigenous maternity** - a symbol of resilience and partnership. The maternity now operates day and night, serving mothers with compassion, cultural pride, and professional care.

“Since the inception of this clinic, we have successfully registered 43 safe deliveries. On average, I attend to 27 expectant mothers each month.”

Rosaline Lororua
Traditional birth attendant

“With the improved structure and support from Samburu Women Trust, we anticipate up to 100 safe deliveries every month.”

Susan Lemargeroi
Community midwife

Women leading change, one birth at a time

The Indigenous Women Maternity at Lookkuniyani is more than a health facility - it is a movement of women reclaiming power over their lives and bodies. It stands as proof that **when women are trusted to lead, solutions emerge - solutions rooted in culture, care, and community wisdom.**

This initiative embodies four powerful truths:



Safe motherhood

Women in remote areas deserve safe, dignified, and accessible care close to home



Community-led solutions

Indigenous women's leadership is central to sustainable development



Sustainability and resilience

Locally built, solar-powered, and culturally grounded solutions can thrive even in arid zones



Empowerment through partnership

Collaboration between communities and organizations like SWT creates lasting, dignity-driven impact

Today, the Lookkuniyani Maternity stands proudly against the Samburu horizon - a sanctuary where culture meets care, and tradition gives birth to transformation. Each new life delivered here tells the same story: **that Indigenous women are not waiting for change - they are leading it.**

5. Nasaruni Indigenous Women Centre

A home of healing, leadership, and transformation



In the heart of **Nturukuma, Nanyuki**, surrounded by the whisper of acacia trees and the spirit of ancestral strength, stands the **Nasaruni Indigenous Women Centre** - a living testament to Indigenous women's courage, unity, and vision.

In the Samburu language, *Nasaruni* means **"a safe haven"** - and true to its name, it stands as the first Indigenous women-owned and managed centre in Kenya.

It is not merely a building of brick and soil - it is a home built from women's dreams, tears, and unshakable belief in one another.

Born from the shared vision of women who had endured and overcome, **Nasaruni is a symbol of what happens when women take back their power and rebuild from within**. It is where pain finds purpose, and where sisterhood becomes strategy.

The heart of indigenous women's leadership

Nasaruni serves as the **headquarters of the Samburu Women Trust (SWT)** - the nerve centre from which Indigenous women across Kenya and Africa organize, innovate, and lead movements for justice. Within these walls, strategies are crafted, partnerships are born, and solidarity is nurtured. **It is here that Indigenous women rewrite their story - not as victims, but as visionaries.**

Under the same roof also thrives the **Indigenous Women Council (IWC)** - a continental space of unity and power connecting women leaders from pastoralist, forest, and fisher communities.

From Nasaruni, they advance advocacy on **gender justice, climate resilience, and Indigenous rights** - bridging local struggles with global change. When women gather in Nasaruni's meeting halls, the air hums with possibility. Discussions flow in many languages - Samburu, Turkana, Maasai, Swahili - yet the message is one:

A wellness and healing sanctuary

At its heart, Nasaruni is a sanctuary - a sacred space of healing for **survivors of gender-based violence, early and forced marriages, and harmful cultural practices**. Here, women arrive weary and wounded, but they leave whole - their spirits mended by compassion and care. Within its calm, the **Indigenous Women Wellness Centre** offers **psychosocial counseling, health referrals, and spiritual healing** guided by both traditional knowledge and modern therapy.

Outside, the **healing garden** flourishes - planted with medicinal herbs once tended by elders. The scent of lemongrass and sage fills the air, reminding every woman who walks its paths that *she belongs, she matters, she can rise again*.

One survivor described Nasaruni simply:

“When I arrived, I was broken. But here, I found my voice again - and a family that listens.”

A hub for innovation, knowledge, and learning

Nasaruni is not only a place of refuge but also a **beacon of innovation and learning**. Through the **Indigenous Women Digital and Resource Hub**, women and youth from rural and pastoralist areas connect to the world - learning, documenting, and telling their own stories in their own voices.

Equipped with **modern computers and solar power**, the hub links remote communities to technology and advocacy platforms, empowering them to **report environmental risks, document Indigenous knowledge, and speak out against GBV**.

In its **training rooms and accommodation centre**, SWT hosts leadership workshops, mentorship sessions, and research programs that build women's capacity in **climate adaptation, entrepreneurship, governance, and social justice**.

Each workshop ends not with applause but with renewed determination - as women return home carrying ideas that ripple across villages and borders.



A space for collective healing and movement building

The **community hall** at Nasaruni is where movements are born. It is where elders share wisdom, where young people debate the future, and where women find strength in unity. It is a space where **culture, activism, and healing meet**.

Within its walls, traditional songs blend with the voices of leaders shaping new narratives of equality. The hall also doubles as a **social justice centre**, where youth use art, dialogue, and digital tools to speak truth to power - to highlight issues that affect their lives and the planet.

At Nasaruni, **healing walks hand in hand with action**. Every gathering, every song, every dialogue becomes a seed for transformation.

A living symbol of what women can build together

Nasaruni is not just a centre - it is a movement carved in stone and spirit. It represents the journey of Indigenous women who refused to be silenced, who turned suffering into strength, and who continue to lead their communities toward justice and sustainability.

From this home in Nanyuki, the voices of women echo across Kenya and Africa - voices that say:

“We are here. We are strong. We are the leaders we have been waiting for.”






Nasaruni stands as a **home of hope, healing, and leadership** - a living symbol of what Indigenous women can build together when they are trusted, supported, and free.





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